

Welcome Class of 2020!

Somerset Berkley Regional High School

A Message from Principal Lanczycki

Welcome New Blue Raiders.

Your new home is ready for you to explore. Here at Somerset Berkley we avail you to an opportunity to find yourself and your future. Our faculty and facility are second to none. They are here to challenge you to be the best version of you that you can be. Take advantage of their supports when times get tough by advocating for yourself.

Students have a plethora of options for extracurricular activities. There is something for everyone. If there is a new idea for a club, come down and see me in the main office and we can figure out how to make it happen. New friends are cultivated through these activities. Make moments and memories that will last a lifetime.

High School happens fast. Blink and it's over. Work hard, dream big and hold on. You are about to have one heck of a ride.

David Lanczycki
Principal

Inside this issue:

Cell Phone Info	2
Parent Reminders	2
Late Bus	2
School Hours	3
Graduation Re-requirements	3
Homework Club	3
Bullying Info	4

Welcome from Ms. Brelsford

Welcome to Somerset Berkley!

We are eager to get started on your four year journey! As freshmen, most of you have no idea what you want to do when you "grow up," and, chances are, you will leave here in four years still not knowing. That's ok and, in fact, perfectly normal! I urge you over the next four years to try classes or extra-curricular activities that you haven't tried before and make the most of your time here. It goes by fast!

I also urge you to be kind to one another. The world is not an easy place to grow up in these days. Let SBRHS be a safe haven for you and your classmates to grow, learn, and journey into young adulthood. As classmates, do your best to pick each other up and avoid negativity. Be positive and productive members of our school community.

Think, grow, and challenge yourselves to learn. As Winnie the Pooh says, "You're braver than you believe, and stronger than you seem, and smarter than you think". I look forward to meeting you very soon.

Ms. Brelsford

Welcome from Mrs. DoCouto

Welcome to the Raider Family!

You have finally arrived and the teachers and staff are excited to meet you! Over the next four years you will be given the tools, support, and opportunities to become a successful member of the community. It is your responsibility to be committed to your academic achievements. It starts with being on time to school and being an active participant in all of your classes. Take advantage of the Homework Club, a free tutoring program held in the library. It's a great resource we offer to all students and you attend the club on an as needed basis.

Immerse yourself in the wide variety of extra-curricular activities we offer at SB. Getting involved is a great way to meet friends and explore new interests.

As your Assistant Principal, I look forward to meeting you and starting this four-year journey with you. If you have any questions, feel free to stop by or e-mail me at docoutok@sbregional.org. It will be incredible how fast the years will fly by, so jump right in and make your mark. I can't wait to see all that the class of 2020 accomplishes!

Mrs. DoCouto

SBRHS Academics Expectations

Students at SBRHS will:

- Read analytically to support conclusions drawn from text
- Produce clear and coherent writing that is appropriate to task, purpose and audience
- Adapt speech to a variety of contexts and tasks
- Solve problems and complete tasks by reasoning critically and creatively
- Process information critically to become capable researchers
- Demonstrate technological literacy to facilitate learning



SBRHS Electronic Device Policy

As a 21st century secondary school, SBRHS recognizes the importance of technology, used appropriately, in an academic setting. Students at SBRHS may responsibly use their electronic devices within the following context:

- During library (unless part of academic class time) and cafeteria time.
- During class time **WITH TEACHER APPROVAL AND FOLLOWING TEACHER DIRECTIVE.**
- **IF A TEACHER DIRECTS THAT ANY TYPE OF ELECTRONIC DEVICE IS NOT TO BE USED, AND**

A STUDENT UTILIZES THE DEVICE, IMMEDIATE DISCIPLINE WILL OCCUR INCLUDING CONFISCATION OF THE ELECTRONIC DEVICE.

- During pep rallies, Case Rally, and non-academic related school events. Talking on cell phones in the common areas of the building is strictly prohibited. Texting/communicating with anyone via an electronic device, during school hours, is prohibited, unless directed for an educational purpose. While a student may be in a study hall texting, he/she may be texting a person in an academic course. This is a

distraction for the student, teacher and entire classroom. Absolutely no pictures or videos should be taken with an electronic device, unless directed for educational purposes.

1st Day of School Parent/Guardian Reminders

- The first day of school for freshmen is Tuesday, September 6, 2016. On this day, only freshmen will report to SBRHS and will run an abbreviated schedule. **Students should report to school at 7:25 a.m. and will be dismissed from school at 1:55 p.m.**
- Photo ID's will be taken on September 13th. These ID's should be carried at all times. Picture package information will be mailed home.
- Any books given to students become their responsibility. Students who fail to pay the replacement cost for books will not

WATER ONLY

will be allowed when entering the building and in the classrooms. Food and other liquids will be allowed only in the student dining area.

- be allowed to participate in various events such as athletics, dances, extracurricular activities, etc.
- On the first day of school, students will be sent home with important emergency contact/medical forms that need to be filled out by their parent/guardian. **It is imperative that we receive these forms back as soon as possible** to ensure the safety and security of our students.

Thank you for your help with the matter.

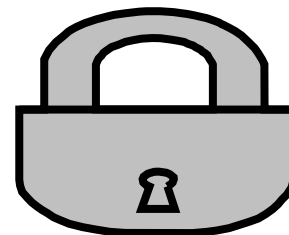
- If you have any questions, please do not hesitate to call the Main Office, at 508-324-3115 or visit us at www.somersetberkley.org

It's A Free Ride Home!

Late bus transportation will be available for both Somerset & Berkley students starting on September 19th. The bus will leave the school at 3:45 p.m. The late bus affords students the opportunity to get extra help from classroom teachers, participate in homework club, remain after school for extracurricular activities, or on rare occasions, meet their disciplinary obligations as detentions are held on Monday through Thursday from 2:10-3:30 p.m.

Physical Education

Each student will need a lock for their PE locker. Clothes must be taken home after each physical education class and brought back for the next class. The PE locker room is set up like a gym membership locker room. The locker belongs to you for one period only. All personal belongings must be locked when students are participating in Physical Education.



This is the time (7:20 a.m.) to remember...

Somerset Berkley Regional High School believes that a significant portion of the learning process is attained during the classroom sessions provided. A student who is not in a class or misses part of a class is not receiving the education that they are entitled. Our attendance, dismissal and tardy policy is in place to ensure that students are receiving a quality education that will serve them in all future academic, athletic, civic and social endeavors.

7:00 a.m. - 8:30 a.m.
on the day of the absence.
508-324-3124.

- Students are allowed 1 day to make up work missed from excused absences.
- All attendance/dismissal/tardy policies are delineated in the SBRHS Student/Parent Handbook.



Things to remember:

- Parents must call their child out absent from school between

Time Flies When You're Having Fun

Your four years at SBRHS will go by quickly. It is important to remain in good academic standing throughout your high school experience as it opens many doors to your future. SBRHS requires its students to earn a minimum of 144 credits in order to graduate. Students must successfully complete the following courses with a minimum average of 65:

English 4 years
Math 3 years

Science 3 years
Social Studies 3 Years
Physical Ed. 4 years
Health I & II 2 semesters
Fine & Performing Arts 6 credits
Computer/Technology Ed 6 credits

In addition, students must pass MCAS in English, Math and Science/Technology.

If you have any questions, please do not hesitate to make an appointment to see your guidance counselor or Mrs. DoCouto.

Also, please make sure to review graduation requirements, along with all other guidelines and policies, found in the Student/Parent Handbook that you will receive on the first day of school.

A Little Goes A Long Way...

Homework Club

Homework Club is available after school each day from **2:15-3:15 p.m.** A teacher with a background in a different subject matter proctors homework club on a rotating basis each week. Students are encouraged to stay after school each day, once a week, or on an as needed basis to get help with any or all subject. The rotation of homework club is as follows:

Monday: English
Tuesday: Math
Wednesday: Social Studies
Thursday: Science



SBRHS Important Phone Numbers

Main Office: 508-324-3115
Attendance: 508-324-3124
Guidance: 508-324-3119
Nurse: 508-324-3123

Athletic Director:
508-324-3115 x1190
Athletic Trainer
508-235-0612

Administration:
Mr. Lanczycki:
508-324-3115 x1600
Ms. Brelsford:
508-324-3115 x1601
Mrs. DoCouto:
508-324-3115 x1602

LOOKING FOR SB RAIDER GEAR?

Go to
<https://sbspirit2016.itemorder.com>
to purchase your school spirit attire.

Be sure to check us out at www.somersetberkley.org

GET INVOLVED!!!

We strongly encourage you to take part in the many exciting extra curricular activities and athletics occurring on campus.

Extracurricular Activities

Amnesty International, Anti-Bullying Coalition, Athletic Leadership Club, Big Buddies, Debate Team, DECA, Drama Workshop, Envirothon Club, Future Teachers of America, Hip-Hop Club, Intramurals, International Relations, Key Club, Literacy Magazine, Math Team, National Honor Society, Peer Leadership Program, Prom Committee, School Newspaper, School Store, Science Club, Science Fair, Science Olympiad, Ski Club, Student Council, School Advisory, Yearbook

Athletics

Football, Field Hockey, Cross Country, Soccer, Fall Cheerleading, Golf, Volleyball, Basketball, Winter Track and Field, Wrestling, Ice Hockey, Gymnastics, Winter Cheerleading, Baseball, Softball, Tennis, Spring Track and Field, Unified Sports

Music Extracurricular Activities

Spring Musical, Winter Percussion Ensemble, Winter Color Guard Ensemble, Jazz Band, Marching Band, Electrify Show Choir, Amplified Show Choir

Our Focus on the Prevention of Bullying

At Somerset Berkley Regional High School, teachers, support staff and administration consider bullying and harassment to be serious distractions from the teaching and learning process. Our mission is to foster a safe, secure, and healthy academic environment where we tolerate and revere the uniqueness of each other. With that stated, instances of bullying and/or harassment must be brought to the attention of a teacher, school adjustment counselor, and/or administrator.

The following represents a summary of the Bullying Policy as stated in the 2016-17 Student Handbook:

Bullying is defined as an act of aggression with the intent to cause embarrassment, pain or discomfort to another. Bullying may include physical bullying, verbal bullying and/or extortion. Bullying is considered a serious offense. Be advised that administration will consider the following options in disciplining a bully:

- **1-10 day out of school suspension**
- **Parental notification/conference**
- **Possible police referral**

As with all matters, the need for support from home is vital when dealing with the issues of current-day bullying. The Internet, Facebook, Chatrooms, Twitter, etc. pose new cyber bullying threats to our students that must be closely monitored from home. Below are links providing resources on the topic of cyber bullying.

Parent Info on Cyber Bullying

<https://webhost.bridgew.edu/marc/marc%20cyberbullying.pdf>

Parent Info on Social Networking

<https://webhost.bridgew.edu/marc/marc%20socialnetworking.pdf>

Parent Info on Security in Children's online games/websites

<https://webhost.bridgew.edu/marc/marc%20nochild.pdf>

Parent Info on Responding to Bullying

<https://webhost.bridgew.edu/marc/marc%20bullying.pdf>

<http://www.doe.mass.edu/bullying/>