

SBRHS Guidance November - December Newsletter

INFORMATION FOR ALL STUDENTS

If you are having trouble with **Aspen** please email aspen@sbreional.org

Mid Quarter 2 is December 14, 2018 & the **end of quarter 2** is January 24, 2019

Academic Support is available for all students after school in the library.

- Monday: Science
- Tuesday: Math
- Wednesday: Social Studies
- Thursday: English

Reminder: All students are required to complete 20 hours of community service over the course of the 4 years. Please be sure to document your hours into Aspen and also submit your documentation to the main office. (See the school website for directions on how to document your hours in Aspen)

If you wish to meet with your counselor, please email them to make an appointment.

Guidance Department Contacts

Mrs. Coogan (Director) coogane@sbreional.org

Mrs. Bolduc (Counselor) bolduca@sbreional.org

Mr. Judge (Counselor) judgej@sbreional.org

Mrs. McCarthy (Counselor) mccarthyt@sbreional.org

Mrs. Proulx (Counselor) proulxa@sbreional.org

Mrs. Medeiros (Adjustment Counselor, Grades 9 & 11)
medeiost@sbreional.org

Mrs. Nassiff (Adjustment Counselor, Grades 10 & 12)
nassiffa@sbreional.org

FRESHMEN CLASS

- The guidance department has begun hosting a series of gatherings for Freshmen. Be on the lookout for an invitation to one of our upcoming events.
- Make the best use out of Aspen and monitor your grades on a regular basis.
- Have open communication with your teachers, if you miss a class be sure to make arrangements to make up your missed work.
- If you find yourself struggling in a class, seek help right away, do not wait until you're feeling too overwhelmed, there is plenty of support for you to take advantage of.
- You will be testing in Science this year for MCAS. The test date will be June 4th & 5th.

SOPHOMORE CLASS

- You will be testing in Math and ELA for MCAS this year, ELA will be March 26th & 27th and Math will take place May 21st & 22nd.
- It's never too early to begin thinking about what you want to do in the future, take a look at Naviance and explore some of the quizzes to help guide some of your interests.

JUNIOR CLASS

- It's never too early to begin researching schools that you may be interested in attending, check out their websites and maybe even plan a visit over one of our scheduled vacations.

Senior Class

- Seniors who have college application deadlines of January 1, 2019 MUST submit a transcript request form to their guidance counselor by Friday December 14, 2018. We cannot guarantee submission of materials for forms submitted after this date.
- Be sure to check out scholarship opportunities in the Media Center.
- Interested in joining The Massachusetts Army National Guard? A high school junior/senior will receive approximately \$200 as a starting salary for 2 days of training each month. For college, the Guard offers 100% free tuition and fees for any state college or university. They receive an extra \$400 each month that they are enrolled in college. While attending basic & advanced training the member will receive active duty salary, approximately \$1,600 every month. Any questions can be directed to (508) 889-8289
- Military Service: Seniors seriously considering pursuing the military after graduation can make contact with the military branches at the following locations:

Air Force: 1 Washington St. #4 Taunton, MA

Army: 145 Faunce Corner Rd. N. Dartmouth

Navy: 101 President Ave. Fall River, MA

Marine Corps: 25 Market St. Swansea, MA

Coast Guard: 221 Centre St. Malden MA

- Selective Service Registration: All 18-year-old men have a legal obligation to register with Selective Service within 30 days of their 18th birthday. Not registering with Selective Service can seriously affect eligibility for financial aid for post-secondary education, government jobs, job training, and in most states, even getting a driver's license. So please make sure that you register with Selective Service. Go online to www.sss.gov or visit your local post office and pick up a Selective Service registration card. Either way, registration is quick, easy and it's the law! In addition, Selective Service NOW accepts early submission of registration information by 17-year-old men. Students can submit information to Selective Service at age 17 years and 3 months old and automatically be registered when they turn 18.
- Thinking of BCC?: In January a representative from the Bristol Community College admissions office will visit Somerset Berkley Regional High School for on-site admissions. Students will provide their completed application, the guidance department will provide the student's transcript and the student will meet with the admissions counselor for an interview. Upon completion of the interview the student will receive a temporary acceptance letter. Students are advised, if they plan to apply to one of the more competitive programs, such as health science or culinary arts, they should apply directly to BCC as soon as possible. If students have any questions they should see their counselor.



"Every accomplishment starts with the decision to try"

-Unknown