

Welcome to the Indoor Walking Track at Somerset Berkley Regional High School.

This facility is intended to assist the community with achieving and maintaining a healthy lifestyle.

Please keep in mind these few rules we have to protect both the participants and the facility.

Should you have any questions or suggestions please feel free to contact any member of the Community Evening School staff or contact Mr. Aguiar directly at aguiarw@sbrregional.org or call 508-324-3146.

1. All users of the indoor track must sign-in and sign-out at the security booth before entering and upon leaving the track area. Users will have access only to the indoor track area. Adult track users only are allowed in the track area.
2. Appropriate footwear must be worn at all times when using the indoor track. Dark soled running shoes, turf shoes or any type of footwear which may mark the floor is not allowed.
3. Only clear plastic water containers (no glass containers) may be brought into the track area. All water containers must be removed upon leaving the track. No food, candy, or gum is allowed in the track area.
4. Track walkers must not exceed two (2) across when walking the track.
5. Running may be allowed on the outside lane only while there are walkers on the track.
6. Persons using the indoor track are responsible for their own belongings. Somerset Berkley Regional High School is not responsible for the loss of any personal items left unattended while using the track.
7. There is to be no loitering in or around the track area at any time.
8. The indoor track in Somerset Berkley Regional High School will not be available for public use during the hours that school is in session.
9. The indoor track will not be available on any day that school is not in session.
10. The indoor track will not be available for public use when there is a school game or function using the gym below.