



# The Blue Raider Read

Information from the desk of Principal David Lanczycki



DECEMBER 1, 2019

VOLUME 4, NUMBER 4

## Upcoming Events:

12/2 Special Town Meeting – 6:00pm PAC

12/3 Screenagers: Next Chapter – 6pm PAC

12/4 Wellness Night - 6pm PAC

12/3 Friends of Music Meeting – 6:30pm Lib

12/4 SB Athletic Booster Club Meeting -5pm Lib

12/4 PTO Meeting – 7:00pm Lib

12/10 Peer Leadership Gift Wrapping 5-7pm SDC: Please bring the present, paper and a canned food item to donate

12/11 SAC – 6PM Main Office

12/15 Vespers Concert – 2:30pm PAC

12/20 Last Day Before Vacation – Full Day of School



## December Hours:

**Monday – Friday**

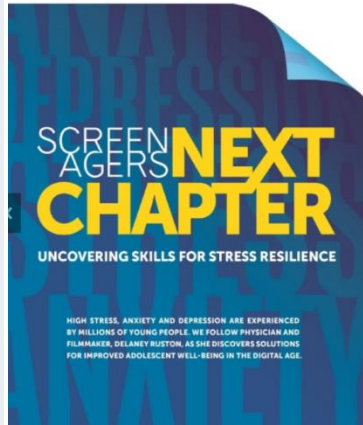
**6:45-7:15am**

**and**

**after school until 2:45pm**

## Welcome to the Blue Raider Read!

The holidays are a full time for everyone. Sometimes the true meaning of the time gets lost in the hustle and bustle. It is about thinking about others. While this is something that we should be doing everyday, this time of year brings it forward. The greatest gifts are often not tangible. Something as simple as a smile or a kind word can change the direction of a person's day. We are focused on the positive and cultivating the behaviors that bring about a better tomorrow. All of the following passages help us to move in that direction.



Click to read a press release for our December 3, 2019 showing of Screenagers: Next Chapter. This documentary examines the science behind teen's emotional challenges, the interplay of social media, and most importantly, what can be done in our schools and homes to help them build crucial skills to navigate stress, anxiety, and depression in our digital age.

Students from Somerset Middle School and Somerset Berkley Regional High School's Anti-Bullying Coalition appear in this groundbreaking documentary!

The film will be shown on Tuesday December 3, 2019 at 6:00 p.m. in the Somerset Berkley Performing Arts Center. Entrance will be FREE on a first come first serve basis.

Here is a link to the movie trailer for more information:  
**MOVIE TRAILER:** <https://www.screenagersmovie.com/nc-trailer>

We believe this documentary provides important insight for parents and their children living in today's digital world.

## 2020 Mid-Year Exam Schedule

Tuesday January 28	Thursday January 30
Period 7 - Final Exam	Period 5 – Final Exam
Period 1- Regular Class	BRB
Period 2 – Final Exam	Period 4 – Final Exam
Period 3 – Regular Class	Period 6 – Regular Class
Tuesday February 4	Thursday February 6
Period 7 – Regular Class	Period 5 – Regular Class
Period 1- Final Exam	BRB
Period 2 – Regular Class	Period 4 – Regular Class
Period 3 – Final Exam	Period 6 – Final Exam

## Families in Need

Every year the SBRHS Staff and Community participate in an Adopt-a-Family Holiday Program. Departments and groups adopt not only one of our students but an entire family to purchase gifts to make the holiday season a little brighter for families in need. We deliver these gifts during the week before the December vacation.

If you would like to donate toward the program or know of a family that is in need, contact me here at the school. We thank you in advance for your generosity. Every child deserves to have holiday memories that will last a lifetime.

**Principal:**

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Twitter: @SBRHS\_Ski

**Assistant Principals:**

Susan Brelsford –Grades 10 & 12  
[brelsford@sbregional.org](mailto:brelsford@sbregional.org)

Kim DoCouto – Grades 9 & 11  
[docoutok@sbregional.org](mailto:doucok@sbregional.org)

**Contact Information:**

Main Office: 508-324-3115

Attendance: 508-324-3124

Guidance: 508-324-3119

Central Office: 508-324-3100

[www.somersetberkeley.org](http://www.somersetberkeley.org)

**Late Buses:**

Late buses are offered on Monday thru Thursday at 3:45pm. There is one bus for Berkley students and one bus for Somerset students. Please be advised that the Berkley late bus drops students off at the Berkley Common.

**Senior End of the Year Events:**

May 22: Finals Begin

May 29: Prom

June 5: Graduation 5pm



# National Honor Society Awareness Days

Show your Raider spirit & compassion by wearing a different color on the First Friday of every month to bring attention to very important issues.

**December 6 - Crohn's Disease & Colitis Awareness (Purple)**

Click to view the complete list



## YEAR IN IT BOOK

THIS IS YOUR STORY. AND EVERYONE IS IN IT.

Click to buy a yearbook!

<https://jostensyearbooks.com?REF=A03542600>

**OUR PROGRAMS**

### FoodSource Hotline: 1-800-645-8333



Project Bread's FoodSource Hotline helps the most vulnerable populations in our state—elders, immigrants, and working poor families who struggle to gain access to SNAP because of stigma, confusion about eligibility, and difficulty navigating a complex application process.

**WHAT IS THE FOODSOURCE HOTLINE?**

The FoodSource Hotline connects people struggling to put food on the table with SNAP benefits and other food resources in their communities. The Hotline answers over 28,000 calls from food insecure families and individuals across Massachusetts each year. The multilingual staff, complemented by able translators, can assist callers in over 180 languages.

**FOODSOURCE HOTLINE SERVICES**

- Screenings for SNAP/Food Stamp eligibility.
- Over-the-phone SNAP application assistance and follow up with applicants throughout the process.
- Referrals to community food programs.
- Informational resource for agencies who have specific SNAP regulation questions that are affecting their clients.
- General information to current SNAP recipients, applicants with pending applications, and those who are hesitant to apply.
- Referrals to other programs such as WIC, school meals, housing, and utility assistance.
- Information on the Healthy Incentive Program (HIP) and how to earn benefits.



Our hotline counselors connect callers to emergency food resources in their area.

In addition to calling the hotline, people in need can also reach hotline counselors by instant message through [www.gettingsnap.org](http://www.gettingsnap.org).

**FOODSOURCE HOTLINE HOURS**

- Monday - Friday: 8AM to 7PM
- Saturday: 10AM to 2PM

**Indoor Track Schedule**

The indoor track will be closed on November 27<sup>th</sup> and November 28<sup>th</sup>.

The indoor track will re-open on Monday, December 2<sup>nd</sup> at 5:30 p.m.

The indoor track will be open Monday-Thursday evenings for adult use from 5:30 pm-8:30 pm.

In the past, the track was closed on nights of home basketball games.

We have changed the schedule this year to keep the track open on evenings where there are high school basketball games.

However, to be able to do this we must ensure that everyone on the track must be walking at all times, you cannot stop to watch the game and you should walk in the outer two lanes.

Only track walkers will be allowed on the track and no basketball spectators will be allowed access to record/watch.

Watch the SBRHS Promo Video by Blue Raider Studios

**NEWS**

**The Breeze**

[sbrhsbreeze.org](http://sbrhsbreeze.org)

The online news for the students and staff at Somerset Berkley Regional High School

Be sure to check the display case outside of the Guidance Office for Community Service Opportunities